

4-Stroke Ruff Exercises

PART I: rllR

Dr. Karlyn Vina

♩ = 130-190+

a) R L R L R L R L R L R L R L R L L R L L R L L R L L

♩ = 130-190+ *pp*

b) R L L R L L R L L R L L R L L R L L R L L R L L

f pp *f pp*

♩ = 190+

c) R L R L R L R L L R L R L R L R L R L L

f pp *f pp*

PART II: lr1R

7

a) R L R L R L R L R L R L R L R L

pp

9

b) R lr1R R lr1R

pp

11

c) R L R L R L R L R L R L R L R L

f p f p f sim.

13

d) R lr1R R lr1R

f p f sim.